

# Art of Training - Master Skills

Art of Training – Master Skills is an 8 day programme with lot of learning and practice for participants. The programme will run from morning 9:30 AM till 5:30 in evening.

The topics covered are

1. Training and Learning Concepts
  - a. Challenge for Trainers
  - b. 4 Mat System
  - c. Dimensions of learning
  - d. NLP and Training
  
2. Preparation for Training
  - a. Aligning Outcomes
  - b. Design Principles
  - c. Activity Structure
  - d. Belief and Values of trainees
  - e. Meta Programs
  
3. Presentation Skills
  - a. State Management
  - b. Charisma Stance
  - c. Physiology
  - d. Behavioral Congruency
  - e. Art of Story Telling
  - f. Voice Improvisation
  - g. Using Abstraction
  - h. Art of Reframing
  - i. Humour
  
4. Training Delivery
  - a. Group Rapport
  - b. Anchoring Individuals and Groups
  - c. Starting the Training
  - d. Metaphor
  - e. Managing Learning
  - f. Managing Questions
  - g. Handling Difficult Trainees
  - h. Endings
  
5. Post Training
  - a. Feedback
  - b. Evaluation



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Programme is full of learning activities, designed to have all participants feel the impact of each aspect of programme. Unique feature is individual focus and coaching to help all participants achieve desired skills.



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Transforming lives!!!